Programme - Riding Weekends

Leader-Kate tapley

DAY One

9.30am start	**–Registration**
	-Introductions, goal setting,
	-How horses think-handout
10.30am tea	
	-Ground skills/games
	-mounting
	-mounted flexing and yields
12.30pm	**-lunch**
1.30pm	**-safety talk,**
2.00pm	**–ride to helicoptor Flat, Mason River and waterfalls**
4.00pm	**-return, and horse care, finish and spa**

DAY TWO

10.00am start.	**-Ground skills warm up, and Games**
	-mounted flexing and yields
11.00am	**-ride with lunch, Crystal Lake or Mason Hills**
4.30pm	**-Return wrap up, horse care, finish and spa**

Programme subject to Change

What to Bring

Protective clothing for sun and cold. Swimwear for the spa pool
Riders-All your usual horse riding gear including sturdy shoes for walking downhill. We provide helmets, gloves, half chaps, long riding coats, saddle bags and extra warm clothing.

I look forward to joining with you for a great weekend.
Kate Tapley

Learn how to find a deeper understanding and be with your horse more successfully and safely, while having more fun.